

# Nursing Matters

## Quality and Education Council Report

The Quality and Education Council is continuing to review nursing education applications and approve funds for nursing education. There is a \$500 limit per each calendar year.

A task force is looking at charter revisions. The Q&E Council will resume its charter following any restructuring by the task force. Our Care for the Caregiver Program is being promoted by the Council. This topic will recur monthly on our agenda.

The PRN pain assessment and documentation pathway will be posted on the Intranet as a job aid and will be included in the Pain Policy. Our expert-to-expert phone consultation list is under development.

Merri Joy, RN

Quality and Education Council Chair

## Research and Evidence Based Council Report

The Research and Evidence Based Council has scheduled our Research Symposium for March 3rd, 2014. Sign up in HealthStream. CEU's are available and are free for Providence employees. We are also planning our Brown Bag seminars to be offered between congresses since people are already here and already in a learning mode.

We are sending out the call for Nurses Day posters. Contact anyone on the Research Council for help with the template. We have also developed a Nurse Innovator Award that will be awarded at Nurses Day along with the other Nurse of the Year Awards.

## Nursing Accolades: Publications and Presentations

Congratulations to Mike Diedrick, RN, on the acceptance of his abstract submitted to the Seattle Nursing Research Consortium. Mike's quality improvement project, "Improvement in Blood Administration Practice and Compliance with Documentation," was accepted for a podium presentation at the Seattle Nursing Research Consortium Conference at the Lynnwood Convention Center in January 2014.

**Congratulations to:** Deborah Burns, BSN, RN, Marilyn Birchman, MSN, RN, AOCNS, Debra Kirkley, PhD, RN, and Judith Canfield, MHA, MBA, RN, on the acceptance of their abstract submitted to the Western Institute of Nursing (WIN). Deborah's research study, "Selection of the Best Vascular Access Device: An Intervention to Promote Nurse Advocacy," was accepted for a poster presentation at WINs Annual "Communicating Nursing Research" Conference at the Seattle Westin Hotel in April 2014.

Please be sure to congratulate these nurses on their wonderful scholarly achievements! Their willingness to disseminate local findings helps the nursing profession continuously add to its body of knowledge.

Marie Gandee-Windhorn, RN, CMSRN  
Research and Evidence Based Council

## Professional Excellence Council Report

The Professional Excellence Council is currently focusing a large amount of our resources toward the mentoring program. Mentoring is important for staff morale, staff retention, teamwork, and encourages continuing education for the nursing profession. The Professional Excellence Council knows that it is vital for us at PRMCE to have a strong mentoring program and we are striving to provide this for our staff.

...continued from page 1

The mentor luncheon was held in January to review what is successful and what needs improvement. We are currently updating documents on the Intranet and making binders current with new materials. Some Council members will be rounding on the units, educating staff about the mentor program, and passing out M&M's representing mentors and mentees. While rounding, we want to encourage staff to participate and become mentors for our new hires.

Our Interdepartmental Job Shadowing project is wrapping up. The project had some eye opening experiences for staff and will be shared at Nursing Congress.

The NAC Award was given to Mandeep Brar from 10 North for December 2013. The Daisy Award for the month of January was given to Jeffery Williams from 8 South.

The Daisy and NAC Awards are only given six times a year. We on the Council wanted to recognize those that were nominated, but did not receive the NAC or Daisy Award. A letter of recognition with the nomination letter will be sent to nominees. The nominees' managers will be notified and asked to recognize these nominations during huddles. All nominees will receive a pin.

Amber Woodring RN, CEN, CCRN  
Professional Excellence Council Chair

## Practice Council

The Practice Council is comprised of staff nurses from around the hospital, with guidance from nursing leadership, who work to keep the way we nurses practice at Providence up to evidence-based practice (EBP) standards. We are currently working on projects related to using flush bags to ensure that total medication doses of IVPBs are given, changing how we bathe patients (containers and soaps used), and reviewing how to best reach patients at home with a phone call after their discharge (aligned with our Providence Strategic Goals).

The project we are working on around central line draws should allow us to provide a safe way to get CareFusion labels on the specimens sent down to lab. If IVT is in house, they should be doing all lab draws. If they are off, then RNs who have received training can do STAT/timed labs and send them down to the lab with a patient chart label and a print out of the lab requisition.

I would like to announce that Julie Harris has taken the role of Co-chair with me this year! If you would like to join us, we meet the first Wednesday of each month from 8am to 10am in the ER conference room. If you have questions about any of the Practice Council projects, please email me at [mccala.caren@providence.org](mailto:mccala.caren@providence.org).

Merri Joy, RN, OCN  
Quality and Education Council Chair

# Clinical Nurse Specialist Council Report

The Clinical Nurse Specialist (CNS) Council formed in June of 2013 with the purpose of promoting evidence based practice (EBP) and nursing research at PRMCE. The inaugural Chair is Amy Anderson, MN, RNC-OB and the inaugural Co-Chair is Tracy Courtenay MN, CCRN, CNRN. Our strong focus on EBP and research may appear to overlap with other councils, but our early focus is on understanding and enhancing the contribution of the Advanced Practice Nurse to EBP and research. As we hone and clarify that piece of our role, we will explore appropriate ways to integrate with and support nursing research and our other Councils.

Our inaugural charter was completed in September of 2013 which included goals and success measures. One of the goals of the CNS Council was to select an EBP model for use within PRMCE. The purpose of a "model" is to standardize our approach in embedding evidence into nursing practice. Adopting a model gives us a standard set of steps that takes us through four key activities that support practice evaluation and change:

- "I've got a question about practice."
- "Is there any evidence to answer my question?"
- "What is the quality of that evidence?"
- "Based on a synthesis of the evidence, what recommendations for practice do I have?"

The first step of selecting an EBP model for use was to evaluate models available in the literature. The CNS Council assessed three published models and selected the Iowa Model for Evidence Based Practice to pilot for possible recommendation and adoption at PRMCE.

What Does the Pilot Test Look Like?

Four CNS RNs have identified an EBP question of clinical importance to their area. Over a period of about five months, in collaboration with interested nursing staff, we are engaging in the four major steps of the process. As a result, these four CNS RNs will: determine recommendations for practice, present their findings at the PRMCE Research Symposium on March 3rd, and create posters for display during Nurse's Week and at conferences.

Amy Anderson, MN, RNC-OB  
Clinical Nurse Specialist Council Chair